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Your essential daily news | THURSDAY, NOVEMBER 19, 2015

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Paris trip cancelled

SECURITY

Edmonton students to miss youth conference



**Andrea
Ross**
Metro | Edmonton

The Edmonton Public School Board has cancelled a trip to Paris for four high school students, who planned to present papers at a youth climate-change conference next week.

The 11th annual Conference of Youth runs from Nov. 26 to 28 in Paris, and was part of a week-long experience organized for the students and two teachers from Queen Elizabeth and Lillian Osbourne high schools.

The trip was cancelled because of the recent terrorist attacks, board spokesman Brad Stromberg said.

"With all decisions involving students, safety and security are paramount," he said.

"Of course, we know that the students are disappointed. An immense amount of time and effort has been invested in earning their invitation to attend."

Lillian Osbourne Principal Janet Hancock said two grade 12 students from the school had been working on papers since the beginning of September to present at the conference.

The school is now exploring other ways of allowing the students show their work at the conference, including video conferencing.

All trip participants have been fully refunded, Hancock added.

'Our goal is to help refugee families'

— Education minister David Eggen

**1,000 families expected.
Are we ready? metroNEWS**



World awaits fate of France attacks mastermind

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Ridesharing problems to fix

Before the city referred its ride-sharing bylaw back to administration for changes, more than 15,600 people had signed a petition on Uber's website to "save ridesharing in Edmonton." The bylaw debated Tuesday had a fee structure built in that would shift the vehicle registration fee from drivers, as it is paid by taxi plate owners, to the private transportation provider (PTP) like Uber. But Uber said the per-vehicle fee would be too high, is unaffordable upfront, and it doesn't suit the model in which most drivers are temporary and part time. They claim it would be "the end of Uber in Edmonton." City staff have until Jan. 26 to come up with a solution to the fee quandary, as well as solutions to issues like lawful insurance and minimum fares.

BRAEDEN JONES METRO

"The fees would render ride sharing an unsustainable business model in Edmonton... It would be the highest rate per driver, per vehicle, in the world as far as the ridesharing market goes. It would break the business model (and prevent) drivers looking for earning opportunities from driving on the platform."

Ramit Kar

General Manager for Alberta, Uber



DISPATCH COMPANY LICENCE

\$1500/ 1 year
\$1000/ 1 year



I can understand why a \$920 (per-vehicle) upfront fee isn't going to work for the business model of any PTP... for people moving into that kind of space, that (fee) isn't really the way to go, there's got to be some kind of pay-as-you-go option."

Mayor Don Iveson

DRIVER'S LICENCE

\$160/2-year driver's licence
\$160/2-year driver's licence



"The bottom line is the fees from the current bylaw were put into this (draft presented Tuesday)... We are definitely going to meet with PTPs and come up with a fee structure that works best based on our needs on a cost recovery system, and their business model."

Garry Dziewenka,

Director, licensing and vehicle for hire department, Edmonton

"The fees should be the same thing as the taxi industry, for a level playing field. If they want to work in this business they should pay for this business... They want the PTP to pay \$920 per vehicle but at the end of the day it ends up with the driver anyway; They will be charging more commission from the driver per trip."

Balraj Manhas
Taxi advocate



VEHICLE LICENCE COST TO DRIVER

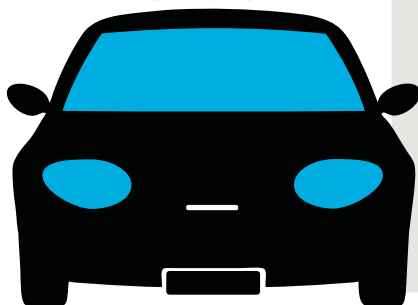
\$0 because PTP Co picks up vehicle licence fee
\$820/2 year vehicle licence fee

PER VEHICLE COST TO COMPANY

\$920
\$0

NOTE: For PTPs, extra \$100 on vehicle licence fee and \$500 for company licence fee (consider this like a business licence) is meant to go into a new accessible vehicle fund.

Uber



Taxi



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Stollery won't be delayed: NDP

POLITICS

Funding for project now extends into sixth year



Ryan Tumilty
Metro | Edmonton

The NDP government insists a new critical care facility for the Stollery Children's Hospital won't be delayed — despite stretching funding for it into an extra year.

In the former Progressive Conservative government's spring budget, the care facility project had \$61 million devoted to it, spread out over the next five years.

The NDP budget, on the other hand, provides only \$50 million for the project in the same time frame, and will spend an additional \$10.6 million in a sixth year (2020–2021).

Aaron Manton, a spokesperson for infrastructure minister Brian Mason, said that change won't affect when the facility is ready.

"May 2020 is the construc-



Health Minister Sarah Hoffman and Infrastructure Minister Brian Mason held a press conference last month to confirm their support for the Stollery project. RYAN TUMILTY/METRO

tion completion date. There has been no extension to the construction timelines," he said, in an email.

The project, first announced in 2013, proposes to add 48 neonatal, pediatric and pediatric-cardiovascular inten-

sive-care beds at the Stollery and replace two existing intensive care units. Infrastructure Deputy minister Andrew Sharman

\$17 million

The amount the government is also spending on new surgical suites at the Stollery Children's Hospital.

said money for the project actually began flowing in 2014 and the NDP budget only reflects part of the expense.

"That is a five year snapshot of the actual seven year funding line for the project," he said.

Spending in the final year will likely be for equipment in the new facility — beds, monitors and other health equipment — which will be a considerable portion of the costs, he said.

Wildrose health critic Drew Barnes said the critical care facility is crucial and hopes the NDP builds it, but worries it's being budgeted this way without the government having to follow through and finish it.

"I am concerned that it looks like the NDP government is doing what the PC government did for years and that is make announcements before the plans or the funding."

ENVIRONMENT

Alberta climate-change plan still work-in-progress

The federal government is counting on Alberta to come up with a realistic climate-change plan, although it still hasn't seen any details just days before the start of an international meeting on the issue.

"We haven't seen the plan," federal Environment Minister Catherine McKenna said Wednesday in Edmonton. "We certainly trust that Alberta will come up with a credible plan. Everyone's got to do their part."

Alberta Environment Minister Shannon Phillips said her government's plan is still a work in progress, days before its anticipated release.

"We're considering many of our options and receiving advice from (our advisory) panel," she said. "We are examining all the ways we price carbon in this province."

"We will have our announcements ready to go in the coming days," Phillips praised what she called a new approach from Ottawa. THE CANADIAN PRESS



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BISSELL CENTRE

Giving Tree for holiday parties

Michelle Falk
for Metro | Edmonton

The Bissell Centre is offering offices a way to spruce up their tree this holiday season to help you help those who need it most.

The Bissell Giving Tree is a new kit the centre is offering to companies and individuals. The idea is that office workers or friends will decorate the tree with donations for the less fortunate at holiday parties.

"It's about spreading the cheer, spreading awareness and the goodwill of what they're doing," said Darren Brennan, spokesman for Bissell Centre.

Participants are encouraged to share photos on social media with the hashtag #BissellGivingTree.

The kits include decorative envelopes to place donations in and a slip of paper, for participants to write a supportive note back to people using the centre. Bissell said it will share these messages on a public bulletin board.

"Not only giving back monetarily to the less fortunate this year but it's also a great way to express your thoughts and kind words to the people in the inner city to help spread the warmth," said Brennan.



It's about spreading the cheer, spreading awareness and the goodwill of what they're doing.

Darren Brennan



Education Minister David Eggen has put Alberta schools on notice: Syrian refugee students are coming. BRAEDEN JONES/METRO

Schools preparing for refugee students

RESETTLEMENT

1,000 families expected in Edmonton by year's end



Aaron Chatha
Metro | Calgary

The Alberta Government has put school boards across the province on notice to prepare for a large number of Syrian refugee students entering the system.

The federal government expects 25,000 refugees in Canada by the end of 2015, while

Premier Rachel Notley has said Alberta will take up to 3,000.

Meanwhile, Mayor Don Iveson has told other news agencies Edmonton is prepared to settle 1,000 families by year's end.

But what do these numbers mean for Edmonton's schools?

In a memo obtained by Metro Wednesday, Education Minister David Eggen asks school boards to prepare to ensure the system is "welcoming, compassionate and quick to address the of our newest Albertans."

Michael Janz, chair of the Edmonton Public School Board, said his organization is prepared but aware it'll be a challenge.

"We're working with Catholic Social Services and other partners throughout the city to



The district has had refugee students in the past and currently has refugees at our schools, so this is not a new exercise.

Michael Janz

accommodate these students," Janz said.

"The district has had refugee students in the past and currently has refugees at our schools, so this is not a new exercise."

In the 2015 provincial budget, \$419 million dollars is allocated to Inclusive Education, which provides \$5,200 per refugee student.

The funding includes \$86 million towards teaching English to non-speakers.

Janz said the money, which is outlined in Eggen's memo, appears to be enough — but the proof will come when the Syrian students arrive.

"It depends on the students coming in," he said "We would do assessments and work out their needs. We know sometimes there's mental health needs, physical needs.

"We want to make sure we are able to help them be successful when they arrive."

NAIT

Student housing under debate



Ryan Tumilty
Metro | Edmonton

The Northern Alberta Institute of Technology is negotiating with the city over the school's expansion into the new Blatchford neighbourhood, which it hopes will pave the way for a much-needed residence.

The school, which currently has no on-campus housing, posted tenders for design work on a residence in 2014, but moving further ahead with the project will depend on determining how much of Blatchford can be set aside for NAIT's expansion.

Blatchford's executive director Mark Hall said getting a deal done on the expansion is top of his to do list.

"We're meeting very regularly with NAIT and the province and all I can tell you about it is, it's an active negotiation," he said.

He said they have a good understanding of the high-level details, but the city will be the developer on the project so it has to work out where roads will go and other issues.

"We have a really good idea on how much land and where it is going to be. We are still working on some of the finer details," said Hall.

The original request for proposals the school issued was aimed at creating a 700-bed residence for approximately \$49 million. Landry said beyond just the residence a future trade skills centre and other important projects could be part of the expanded campus.

"Obviously, the students residence is a top priority, but there are a lot of other opportunities there."

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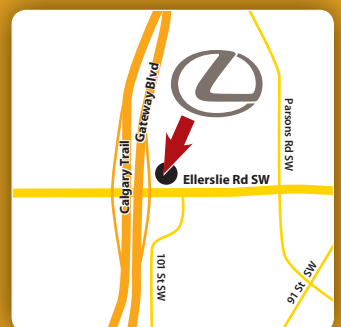
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ENVIRONMENT

Proposal for carbon tax on consumers



Ryan Tumilty
Metro|Edmonton

As the Alberta government discusses the need to address climate change, the Alberta Party is proposing they take a different course and tax consumers as well as industry for carbon usage.

Greg Clark, the Alberta Party's lone member in the legislature, is the first to sug-

gest everyday Albertans pay a tax for consumption of the driver of climate change, in a raft of policy suggestions he released Wednesday.

"We are all in this together as Albertans," Clark said.

Alberta currently levies carbon from industrial emitters at \$15 per tonne, though the NDP have increased that levy to \$20 per tonne, effective Jan. 1, 2016 (and have proposed to increase it to \$30 in 2017).

Clark said his proposed consumer carbon tax, at \$10 a tonne, would be revenue neutral for Albertans as it would include offsets to income and corporate taxes.

The party's carbon tax proposal is about a third of the tax currently in place in British Columbia, which adopted a \$10 per tonne tax on carbon in 2008, payable by both industry and consumers (it has since increased to \$30 a tonne).

Clark said his plan would also retire 85 per cent of the province's coal-fired electricity plants, which he said would have an enormous effect.

"It's the equivalent to taking every single vehicle off the road in Alberta," he said.

The NDP is still waiting for the climate change panel they appointed to report back with their recommendations for an Alberta plan, but it's expected to release its plan next week.

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Snow machines churn out snow Wednesday at the Edmonton Ski Club. KEVIN TUONG/METRO

Banking on solid cold

SKIING

Rabbit Hill and others hoping temperatures plummet soon



Andrea Ross
Metro|Edmonton

Derek Look can't wait for Edmonton to get cold — the colder, the better, in fact.

The Rabbit Hill Snow Resort spokesman said the colder the weather gets, the easier it is for staff to make the two feet of snow necessary to finally open the hill for the season.

At Rabbit Hill, snowmaking machines usually begin churning out snow at the end of October, but warm weather has conspired to push back the hill's opening date. Rabbit Hill is now almost two weeks behind in snow production.

"We've definitely experienced slow starts and warmer

temperatures, but it's probably been one of our more delayed starts in the past four or five years," Look said.

"At -5 degrees and -6 (degrees Celsius) it's nice, we can start making snow. But if it's -15 or -20 degrees, we can make a lot of snow. If we can get a few weeks of that, we'd have most of our hill open right away."

Rabbit Hill's 'bunny' hill is expected to open this weekend at the earliest, but it could take another five to six weeks to open the rest of the hill's runs, Look said.

The warm weather has also pushed back Snow Valley's opening date. They have postponed previously scheduled ski lessons and are expecting to open Nov. 28.

"We're making snow, but ... it's not about precipitation — it's about cool weather, clear nights, and not too windy," Snow Valley spokesman Tim Dea said.

"If we can open sooner, we will. We're pumped and ready to go."

IN BRIEF

Farm groups have worries over coverage proposals

Some Alberta farm groups say they accept including agricultural employees under work and safety rules but are concerned about the fine print and how the NDP government is going to roll out the changes.




























The province is currently the only jurisdiction in Canada without employment standards coverage for farm and ranch workers.

Many of the province's 43,000 producers are worried about how the proposals will affect them said Lynn Jacobson, president of the Alberta Federation of Agriculture.

"We need rules that apply to agriculture. The ones that apply to construction or oilfields — you just can't move them over onto agriculture and expect to have a good result," he said. THE CANADIAN PRESS

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Group paving safer path for residents



Braeden Jones
Metro | Edmonton

If you walk, bike or skateboard in Edmonton, a new grassroots organization is planning to lobby “all levels” of government to make you safer.

Paths for People has collected data from every collision between a vehicle and a cyclist or pedestrian since 2005, and the data set shows there were more than 5,400 people hit by vehicles in the last 10 years.

A map at pathsforpeople.info details the collisions.

Conrad Nobert heads the group, which carries forward principals of the less formal Edmonton Bicycle Collective (EBC) and campaigns like Reboot Whyte from this past August.

The now defunct EBC lobbied

for improved cycling infrastructure, and Reboot Whyte highlighted the human toll of what Nobert called pedestrian corridors “designed to injure and kill people.”

But, “We decided to broaden our focus,” Nobert said of the new group.

He said there’s an unchallenged assumption among many in Edmonton that pedestrians and cyclists have to accept they might die or get injured on the city’s roads. “We dispute that assumption,” he said.

Nobert said one big fix for that assumption is to set a 30-km/h residential speed limit city-wide.

The city has created a “vision zero” strategy to reduce pedestrian deaths, and newly designed multi-modal corridors like 83 Avenue, but Nobert wants a major culture shift.



This rendering, left, shows what the new food court will look like; at right is what the food court looks like today.

RENDERING: CONTRIBUTED; PHOTO: KEVIN TUONG/FOR METRO



More on way for mall

CONSTRUCTION

Food court just the beginning of renovation, Oxford says



Ryan Tumilty
Metro | Edmonton

Oxford Properties says a \$41-million renovation of City Centre Mall aimed at increasing parking and freshening its food court is just the beginning.

The company provided more

details Wednesday on its plan to move the mall’s food court from the building’s basement to the top level, while installing 300 new parking stalls in the old food court’s place.

Oxford’s general manager of downtown properties, Olympia Trencevsk, said the changes are just part of the company’s long-term plans for the 41-year-old facility.

“Once the food experience is where we want it to be and the parking conversion is done we are not going to stop,” she said.

Trencevsk said Oxford understands Edmonton’s downtown is changing and City Centre requires upgrades to better fit, adding that one day Oxford



There is a renaissance going on downtown.

Olympia Trencevsk

hopes to better open up the building to the street.

“There is a renaissance going on downtown and we have to work together for a better Edmonton,” she said.

Chris Buyze, president of the Downtown Edmonton Community League, said he’s encouraged Oxford is considering improving the mall’s street

interaction and not just a refreshing the food court and adding parking.

“I certainly hope that is something they are looking at in the future,” he said.

“I do sympathize with them, but I think being the anchor mall downtown they could really re-imagine what that mall is, beyond just the lunch-time crowd.”

Trencevsk said tenants in the mall are constantly asking for added parking, leading to the company’s decision.

The new food court will have 11 spots, down from the current 20, and Trencevsk confirmed some food tenants will leave.



ACCIDENT TRUCK CRASHES INTO STORE Four people were injured, two of them seriously, after being hit by a truck that crashed through a Petro-Canada store at 96 Street and 118 Avenue before noon Wednesday. The driver was taken into custody and charges are pending. KEVIN TUONG/FOR METRO

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Minister seeks to reassure Canadians

SECURITY

CSIS director stresses checks on expected 25K refugees

Top federal public safety and national security officials tried to allay public fears they might not properly screen 25,000 Syrian refugees expected by year's end, and downplayed Tuesday any threat to Canada in the wake of the Paris attacks.

At a news conference flanked by his senior advisers, Public Safety Minister Ralph Goodale said the government will not change the timeline for meeting its campaign promise of fast-tracking refugees, nor is it cutting or reducing any of the necessary checks to meet that timeline.

The Liberal plan, yet to be outlined by the immigration minister, will use "layers" of security checks on new arrivals to

verify documents and identity, including checks of domestic and international databases, "biometrics" verifications such as fingerprints, and personal interviews by officials "to make sure at the end of the day we achieve the humanitarian objective and do so in a way that respects the security and health imperatives that Canadians expect," said Goodale.

Michel Coulombe, head of CSIS, Canada's spy agency, said the Canadian Security Intelligence Service was an "integral part" of developing the screening procedures.

"I want Canadians to know that as director of CSIS I am confident the measures in place are robust and again I have full confidence in terms of being appropriate."

Goodale and his officials insisted "there is no rationale" that warrants any change to the threat level in Canada, which has been "medium" since October 2014.

TORSTAR NEWS SERVICE



Minister of Public Safety and Emergency Preparedness Ralph Goodale said the timeline won't change. THE CANADIAN PRESS FILE

ISIL

Ambassador now calls group Daesh

The U.S. ambassador to Canada is using yet another name — "Daesh" — for the multi-moniker terrorist group known variously as the Islamic State of Iraq and the Levant (ISIL), the Islamic State of Iraq and Syria (ISIS) and the Islamic State.

Politicians are increasingly using the D-word for two simple reasons: to strip the group of its credibility and to steer away from the Islam-versus-the-West dynamic it apparently craves.

"I'm using the term 'Daesh' now, instead of ISIL," Bruce Heyman said in an interview.

"I think it's unfair to refer to Islam, and it's totally inappropriate to think of it as a state — so anything calling it the 'Islamic State' is wrong."

Arabs who oppose the group customarily use a version of Daesh, as do European politicians and U.S. Secretary of State John Kerry, among others.

The group apparently hates it so much it threatened to cut out the tongues of those who use it. That's because it sounds like an insult, resembling the Arabic word "daes," which refers to something that stomps, or crushes. THE CANADIAN PRESS

IN BRIEF

B.C. judge says RCMP may have acted illegally

A B.C. Supreme Court judge says there's evidence the RCMP acted illegally during a terrorism sting operation and has ordered police to submit documents.

The Mounties may be guilty of knowingly facilitating a terrorist act.

THE CANADIAN PRESS

Man arrested on Parliament Hill in court

A Toronto man arrested for allegedly carrying a hidden weapon on Parliament Hill was remanded in custody Wednesday after a brief court appearance.

Yasin Ali, 56, was detained by the Parliamentary Protective Service on Tuesday. THE CANADIAN PRESS

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U.S. President Barack Obama chats with Prime Minister Justin Trudeau at the G20 summit in Antalya, Turkey. Canada will join the UN climate-change conference in Paris, beginning Nov. 30. EPA/TOLGA BOZOGLU/TORSTAR NEWS SERVICE

Canada backs U.S. on climate change

ENVIRONMENT

Minister agrees 'urgent' threat needs action now

Canada is backing strong warnings from U.S. President Barack Obama about the need for nations to act on the "urgent, growing" threat of climate change.

In an address to a business audience at the APEC summit in Manila, Philippines, Wednesday, Obama laid out the threat of climate change, saying the "patterns and the science don't lie" and that no nation is immune to the consequences.

"Temperatures and sea levels are rising, ice caps are melting, storms are strengthening," he said. "If we want to prevent the worst effects of climate change before it's too late, the time to act is now, and it is going to

affect people's bottom lines," Obama said.

His comments come as nations prepare to gather in Paris later this month in a bid to reach new agreement to curb greenhouse gases.

Obama's remarks were endorsed Wednesday by Foreign Affairs Minister Stephane Dion, who agreed with an analogy that climate change is a cancer.

"It's the worst threat we are facing during this century," Dion told reporters.

He said Canada will be a strong advocate for a climate change deal and will work with the United States and summit host France to make it happen.

"We will be strong on the floor. We will speak to any country that may have difficulties because we need to have unanimity at the end of the day," Dion said, adding that leaders are taking the upcoming talks "seriously" and there is "momentum" for a deal.

TORSTAR NEWS SERVICE

DEFENCE

Expanding military training a possibility

The country's new defence minister opened the door Wednesday to expanding the Canadian training mission in Iraq beyond just teaching Kurdish peshmerga fighters, saying the soldiers will go where it makes sense and where they can have the greatest impact.

Harjit Sajjan said options for the Trudeau government's beefed-up commitment to the campaign against the Islamic State of Iraq and the Levant (ISIL) are still being formulated, but it's clear some of the boundaries put in place by the previous government are either going to be removed or relaxed.

The former Conservative government chose to align itself with the Kurds, who oper-

ate in a semi-autonomous region in northern Iraq and have shown the most willingness to battle extremists.

Sajjan says he's talking with the U.S.-led coalition on where Canadian troops would be of most use but would not rule out expanding the training mission to include conventional army units and Iraqi forces in the country's south.

"I'm open to looking at all the different options," said Sajjan, who did three tours in Afghanistan and one in the Balkans as a reserve officer. "I'm not looking at just from the Kurds perspective, or the Iraqi perspective; I'm looking at how we can have a meaningful contribution." THE CANADIAN PRESS

MONTREAL

Call for killings leads to charges

A Montreal man allegedly behind a video that called for the revenge killing of "Arabs" in Quebec has been charged with inciting hatred, uttering death threats and being responsible for a hoax terrorist threat.

Jesse Pelletier, 24, was allegedly the author of a video that surfaced over the weekend calling for the province to be "cleaned" of its "Arab" population. The person in the video suggested the recording was made "the day after the attacks in Paris."

"Starting next week, there will be murders across Quebec," said the man, who was dressed as the Joker character from the Batman series and waved a replica



A still from the video. SCREENGRAAB

handgun in the video. "We will eliminate one Arab each week to get rid of them and clean up the province of Quebec. We are a group of 10 people and we will all eliminate them, one by one."

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A French soldier enforcing the Vigipirate plan, France's national security alert system, on Nov. 18 in front of the Eiffel Tower. JOEL SAGET/AFP/GETTY IMAGES

Ringleader may be dead after police raid

Paris France vows 'everything is being done' to stop attackers

Belgian Justice Minister Koen Geens says he cannot confirm the suspected mastermind of the Paris attacks was among those killed in a raid against an apartment north of the French capital.

He says Belgian Abdelhamid Abaaoud was "not among those

arrested or those who have been identified."

French officials previously said Abaaoud was not among those arrested in Wednesday's raid in Saint-Denis, but didn't eliminate the possibility that he was killed, saying the identities of those slain are still being investigated.

The Belgian minister spoke after a cabinet meeting late Wednesday which was assessing what measures should be taken to counter the increased threat of terrorism.

He called Wednesday's raid a "big breakthrough" because it shows law enforcement officials

can track down suspects.

Meanwhile, security camera video from inside a restaurant as it is fired on by a rifle-wielding gunman has been posted online that provides a new look at last week's Paris shooting rampage.

The video posted on the Daily Mail website shows a nearly empty restaurant erupt into chaos with bullets smashing into walls and diners and staff diving for cover.

French police have banned public demonstrations until Nov. 22 in Paris and surrounding towns in the latest utilization of expanded security meas-

ures permitted under the state of emergency installed following last week's bloody attacks.

Interior Minister Bernard Cazeneuve said "everything is being done to capture" the attackers.

Both France and Russia are pursuing UN Security Council resolutions that seek to unite the international community in combating the Islamic State of Iraq and the Levant (ISIL).

But Russian Ambassador Vitaly Churkin says ignoring the Syrian government in the effort is "weakening the possibility of our joint fight against terrorism."

THE ASSOCIATED PRESS

+ RADICALIZATION

The 'signs' were there

Much about Abdelhamid Abaaoud's path to armed Islamic radicalism remains mysterious. In the words of Koen Geens, the Belgian justice minister, he mutated from a student at an upscale Brussels school into "an extremely professional commando," one seemingly able to slip across borders at will.

The wanted jihadi's own father believes prison — where he served time for petty crimes — changed him for the worse. After his son got out, Omar Abaaoud noticed "signs of radicalization," the elder Abaaoud's lawyer, Nathalie Gallant, told RTBF broadcasting Wednesday. THE ASSOCIATED PRESS

SOCIAL MEDIA

Video of dad's talk with son goes viral

A father's heartwarming explanation to his son about the Paris attacks is electrifying social media, with millions of views on Facebook alone.

The video shows an interview conducted Sunday by a reporter for France's Le Petit Journal at Place de La Republique in Paris, where people are laying flowers and lighting candles to honour the 129 victims killed in the attacks.

In the video, preschooler Brandon Le tells reporter Martin Weill the attacks on Friday night were conducted by "bad guys" who were "not very nice." He then expresses fear that his family will be forced to move, although his father, Angel Le, reassures him.

"Oh don't worry. We don't need to move out. France is our home," the father tells his son.

Brandon offers a quick reply. "But there's bad guys, daddy."

"Yes, but there's bad guys everywhere," the father replies.

"They have guns. They can shoot us because they're really, really mean, daddy."

With his arm around his son, the father refers to the crowd at the square, and says, "It's OK. They might have guns, but we have flowers."

THE ASSOCIATED PRESS



Angel Le, right, reassures his son, Brandon, during an interview. SCREENGRAB

SENTIMENT

Muslims facing backlash in U.S.

Muslims around the U.S. are facing backlash following the deadly attacks in Paris, including vandalism to mosques and Islamic centres, hate-filled phone and online messages and threats of violence.

Advocacy leaders say they have come to expect some anti-Muslim sentiment following such attacks, but they now see a spike that seems notable, stirred by anti-Muslim sentiment in the media.

"The picture is getting increasingly bleak," said Ibrahim Hooper, a spokesman for the

Washington, D.C.-based Council on American-Islamic Relations. "There's been an accumulation of anti-Islamic rhetoric in our lives and that I think has triggered these overt acts of violence and vandalism."

He said the rise in the level of anti-Muslim sentiment is



The picture is getting increasingly bleak.

Ibrahim Hooper

reflected by some GOP presidential candidates, governors and others speaking out in opposition to the U.S. accepting more Syrian refugees.

Hooper said the council is seeing an increase in anti-Muslim incidents since Friday's attacks in Paris.

Nihad Awad, national executive director of the Council on American-Islamic Relations, asked law enforcement officials to step up patrols at mosques and other Islamic institutions.

THE ASSOCIATED PRESS

#JESUISCHIEN

Twittersphere unites over police dog killed in raid

People around the world are sending messages of support for a police dog that was killed during an early morning police raid in a Paris suburb that left two alleged suspects dead. The hashtag #JeSuisChien (I Am Dog) was the top trending topic in France at 9 a.m. Toronto time, with people sharing messages of solidarity with Diesel, the dog. The seven-year-old Malinois was part of the French RAID police unit. TORSTAR NEWS SERVICE

FLIGHT 9268

Homemade bomb downed plane: ISIL

The Islamic State of Iraq and the Levant (ISIL) group has released a photo of the bomb it says was used to bring down a Russian passenger plane in Egypt's Sinai Peninsula last month, killing all 224 people on board.

The picture was published in the latest issue of the extremist group's English-language magazine, with the caption "EXCLUSIVE — Image of the IED used to bring down the Russian airliner." THE ASSOCIATED PRESS



A can of Schweppes Gold, and what appears to be other bomb components made of plastic and metal. THE ASSOCIATED PRESS

Assad a 'lesser evil'



Syrian President Bashar Assad reviews the presidential guard during a welcoming ceremony in Athens in 2003.

PETROS GIANNAKOURIS/THE ASSOCIATED PRESS FILE

MIDDLE EAST

Desire to save Syria's leader grows as ISIL gains ground

The tide of global rage against the Islamic State of Iraq and the Levant (ISIL) lends greater urgency to ending the jihadis' ability to operate at will from a base in war-torn Syria. That momentum could also force a re-evaluation of what to do about President Bashar Assad and puts a renewed focus on the position of his key patrons, Russia and Iran.

The Syrian leader has lost much of the country to ISIL and other groups in the four-year war — half the population has been displaced, many areas have been levelled and masses of refugees are flooding Europe. Along the way, Assad's brutal military response has made him persona non grata in most of the world.

Portraying himself as the only viable alternative to jihadi rule, Assad has labelled all his enemies "terrorists" — a designation that, in the wake of the

recent attacks on civilians by IS, may find greater resonance.

Cutting a deal with Assad would be the "lesser evil," Spanish Foreign Minister Jose Manuel Garcia-Margallo said Wednesday.

"If we want peace, we have to find a way of getting along with Assad, at least in a transition period," Garcia-Margallo said.

Britain's former military chief, Gen. David Richards, echoed that sentiment, saying in a BBC interview that a ceasefire in Syria could allow Assad and his military to take a leading role in battling ISIL.

The fact remains, though, that the U.S. and its allies don't want to see Assad benefit from any effort to dislodge ISIL from territory it controls in Syria — unlike in Iraq, where the Baghdad government is considered legitimate by the world community.

A temporary reprieve is starting to seem more possible, setting the stage for what some observers suggest may be an arrangement in which Assad is part of a transition government that has a role in the priority of defeating ISIL — but then quietly makes way.

THE ASSOCIATED PRESS

YEMEN

Poorest country in Arab world suffers

The United Nations says 5,700 people have been killed in the conflict in Yemen since March 26, including 830 women and children.

Meanwhile, basic services are collapsing in what was already the Arab world's poorest country, the UN's humanitarian co-ordinator for Yemen, Johannes Van Der Klaauw, told reporters Wednesday.

He said 21.2 million people, or 82 per cent of the country's population, require some kind of humanitarian assistance. Fourteen million people lack sufficient access to health care.



Fighting in Yemen continues. THE ASSOCIATED PRESS

"Nearly 320,000 children are acutely malnourished," he added. THE ASSOCIATED PRESS



NIGERIA

Dozens killed by Boko Haram suicide bombers

A suicide bomber exploded Wednesday in a market in Yola, Nigeria, a town packed with refugees from the country's Islamic uprising. At least 34 people were killed and another 80 wounded. Later Wednesday, two more suicide bombers killed at least 15 people in the northern

city of Kano and injured 53, according to police. Nigeria's National Emergency Management Agency said more than 100 were wounded. The blasts were the latest by Boko Haram, Nigeria's home-grown extremists whose six-year insurgency has killed 20,000 and forced 2.3 million to flee their homes.

THE ASSOCIATED PRESS

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CONSUMERS

Dinosaur claws, fake poop on watchdog's naughty-toys list

A consumer watchdog group says dinosaur claws inspired by the movie Jurassic World and a substance that looks like poop are among the worst toys for Christmas this year.

The Massachusetts-based World Against Toys Causing Harm released its annual list of hazardous toys Wednesday.

The group says the velociraptor claws can cause eye and facial injuries, and the Play-Doh-like substance contains wheat that could cause allergies.

The list also includes a quick-folding trampoline,

which the group says can lead to injuries. WATCH says the items singled out represent common problems in toys.

The group also urges parents to be cautious when buying toys online, where nearly half of purchases are expected to be made this year.

WATCH President Joan Siff said 3 million units of toys have been recalled just in the past year for defects that could injure children.

Many of the toys were still on store shelves when recalls were issued, she said.

THE ASSOCIATED PRESS



Jurassic World velociraptor claws can cause eye and facial injuries, says World Against Toys Causing Harm.

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IN BRIEF

CP Rail faces obstacles in takeover of Norfolk

Canadian Pacific Railway's dream of creating North America's largest railroad faces a long and uncertain future following Norfolk Southern's cool initial response to the Calgary company's \$28-billion US takeover proposal. CP needs to overcome sev-

eral obstacles, including concerns over concentration, possible opposition from organized labour and a chilly reception from Virginia-based Norfolk Southern, which described the proposal as an "unsolicited, low-premium, non-binding, highly conditional indication of interest."

THE CANADIAN PRESS

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Canada's four largest candy makers all settled class-action lawsuits without admitting guilt of alleged price-fixing in the chocolate industry in the country. ISTOCK

Crown wraps up chocolate case

INVESTIGATION

Last charges against candy manufacturers dropped

An eight-year probe into allegations of price-fixing in Canada's multimillion-dollar chocolate-bar industry has ended with the last charges being dropped, Canada's competition watchdog said Wednesday.

The Public Prosecution Service of Canada entered a stay of proceedings against Nestlé Canada and former president Robert Leonidas, the Competition Bureau said in a brief statement Wednesday.

Leonidas was one of three industry executives at three different companies charged in 2013 with conspiring to fix chocolate prices between 2002 and 2008. No reason was given for the Crown's decision.

Charges against Mars Canada, former Nestlé Canada executive Sandra Martinez, candy distributor ITWAL Ltd. and its former CEO, David Glenn Stevens, were also dropped on Sept. 8. Stevens is now ITWAL's

chairman.

No explanation was offered. The case against the chocolate industry began after Cadbury Adams brought the matter to the bureau's attention in 2007. The chocolate-maker received immunity from prosecution.

Hershey Canada Inc. pleaded guilty to one count of price-fixing related to communications with competitors in 2007 and was fined \$4 million on June 22, 2013, in an Ontario Superior Court of Justice.

The other three companies, Mars, Nestlé and Itwal, and their three executives continued to defend against the allegations.

All four companies settled class-action lawsuits without admitting guilt. Nestlé Canada settled for \$9 million, Cadbury Adams Canada for \$5.7 million, Hershey Canada for \$5.3 million and Mars Canada for \$3.2 million.

The outcome of the case is not unusual, said Mihkel Tombak, a professor with the University of Toronto's Rotman

School of Management. The burden of proof in criminal cases is high, he said, noting the prosecution must prove the allegations beyond a reasonable doubt.

Hershey's sentencing hearing provided a glimpse into the allegations the companies were facing back in 2007. At the time, the four largest chocolate makers accounted for 75.3 per cent of chocolate sales in Canada, a

market valued at \$840 million, court heard. Nestlé was the market leader, court heard.

During the period, senior employees at

Hershey and their counterparts at other chocolate companies exchanged competitive pricing information, either directly or through their distributor, court heard.

However, the allegations were never proven in court.

The Competition Bureau said Tuesday that it considers the chocolate case closed.

TORSTAR NEWS SERVICE

75.3%

In 2007, the four largest chocolate makers accounted for 75.3 per cent of sales in Canada, a market valued at \$840 million, court heard.



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CHANTAL HÉBERT: ON THE PM'S FIRST MISSTEP



“There was a glaring disconnect between Trudeau’s insistence that it was business as usual on the refugee and the war-on-ISIL fronts, and the public’s sense that the Paris attacks were a watershed event.

In January 1994, two months after his government was sworn in, Jean Chrétien folded himself in a small charter plane to go on his maiden foreign voyage as prime minister.

As leader of the opposition, Chrétien had described the jet Brian Mulroney had had outfitted for his official foreign travels as a needless luxury. For his first trip, the incoming Liberal prime minister opted for the flying equivalent of a sardine can, a practice he would abandon at the first decent political opportunity.

Chrétien hit three European capitals in less than a week, with a pit stop in London, an overnight stay in Paris and a NATO summit in Brussels. He might as well have been a tourist on a whirlwind budget tour.

At a joint news conference with Prime Minister John Major in London, a British cabinet sex scandal stole the show.

The highlight of Chrétien’s Paris stop was a Quebec play he attended with François Mitterrand. He may or may not have mentioned a possible Quebec referendum to the French president. In any event, by the time of the 1995 vote Mitterrand was no longer in office.

In Brussels, the issue of the fratricidal war in the former Yugoslavia dominated the NATO summit, but while Canada had peacekeeping boots on the ground, there is no public record of a significant Chrétien contribution to the discussion.

Over his visit, the new Canadian prime minister granted the European media no interviews; nor was there a chat on the trip home with those of us who covered his tour. Journalists flew on commer-

cial planes.

In a review of the Liberal prime minister’s first appearance on the international circuit, the correspondent for the Belgian daily *Le Soir* wrote that Chrétien had essentially travelled incognito.

By those standards, Justin Trudeau should have passed his first test on the international scene with flying colors.

He raised matters of substance at every stop. In Manila, he served notice on Canada’s Asia-Pacific partners that they should not take for granted a swift ratification by Parliament of the just-negotiated Trans-Pacific Partnership. At the G20 meeting in Turkey, his infrastructure-spending plan was praised by Barack Obama.

In preparation for the upcoming climate change sum-

mit, foreign affairs minister Stéphane Dion started to articulate a more activist Canadian tone in the international environment talks.

But while Trudeau probably made a positive impression on other government leaders, the domestic reviews have been decisively mixed. As media coverage goes, this has been his worst week since before the election campaign.

It is not just that Canadians saw more of French President François Hollande, or that the Paris attacks pushed non-security issues off to the sidelines or even that the latest terrorist developments made some Liberal policies a harder sell.

From a Canadian perspective, it was on tone that an unscripted Trudeau most came up short.

He may have denounced

the Paris attacks in strong terms in private but, in his public communications, he did not rise to the occasion.

There was a glaring disconnect between Trudeau’s quasi-dogmatic insistence that it was business as usual on the refugee and the war-on-ISIL fronts, and the public’s sense that the attacks were a watershed event that deserved a fuller airing.

He seemed to shrug off the well-intentioned concern of many of his provincial and municipal allies as to his refugee timetable. When federal reassurance was needed, it was offered on a piecemeal basis and usually short on specifics.

Against the backdrop of the carnage in Paris, some otherwise endearing features of Trudeau’s political persona, starting with his willingness to pose for selfies on demand, turned into liabilities. There are times when glamour is the opposite of gravitas.

Media reviews of Trudeau’s post-Paris week were particularly scathing in Quebec, the province whose links with France are the strongest. Cartoonists had a field day at his expense.

But the feeling that the rookie prime minister was not at the top of his game as he handled the first unscripted challenge of his tenure was not limited to his home province.

The premature beginning of the end of Trudeau post-election honeymoon is part of the collateral damage of the Paris attacks. That part of the damage is largely self-inflicted.

Chantal Hébert is a national affairs writer. Her column appears in *Metro* every Thursday.

ROSEMARY WESTWOOD

metroview

For some, a decline in Christian belief spells one thing: A fight

Radicalism loves radicalism. Power hates to rescind it. And the dominant fears the minority — lest they become it.

I’m talking, of course, about Christianity in North America.

The U.S. is 70 per cent avowed Christian. Canada, two-thirds. We are very Christian nations, and the Starbucks brew-haha over its non-denominational red holiday cups was a jolly reminder.

It points to something else, too: Some Christians here feel under attack. It’s an odd sentiment, given their overwhelming company, until you start to factor in a few things, including a decade of headlines about how our countries are (slowly) losing their (Christian) religion, simultaneous headlines reporting the growth of other faiths, and Islam in particular, and the rise of social-justice movements that contravene some conservative Christian teachings.

The Pew Research Centre recently released a major survey that found the U.S. continues to become less religious, driven by younger generations, and something new: Hints that those who are religious might be holding tighter than ever to their faith.

Religious Americans are by some measures “even more devout than they were a few years ago,” the report noted, citing a modest growth in reading scripture or participating in prayer groups.

Alongside that, Christians

in the U.S. are reporting that their faith is under threat: 72 per cent of Americans think religion is losing its influence in American life, 56 per cent think that’s a bad thing, and a growing number want religion to play a greater role in politics, according to a Pew report from 2014. Perhaps in response to that, 50 per cent of white evangelicals feel they face “a lot” of discrimination.

In Canada, about half of us think the decline of religious involvement is bad for the country, according to an Angus Reid survey from last March. And while there’s no similar question of discrimination in the survey, discrimination is certainly the claim made in the wake of Quebec’s prayers-at-city-hall debate, or a B.C. Christian university’s bid to become a law school, or Starbucks’ red-washing of Christmas.

And I think that fear of irrelevance (unfounded though it may be), plays a role in today’s anti-Muslim sentiment.

That Angus Reid survey — conducted after Charlie Hebdo, and well before Paris — found 44 per cent of Canadians have a negative view of Islam, and 51 per cent think it’s more likely than other religions to encourage violence.

Our predominantly — for now — Christian societies see another faith on the rise, one held often by non-whites, and to some that spells one thing: A fight.

THE MICROTREND: Stormselfies



Adding to the usual lessons of storm safety — watch for falling branches, report downed wires, unplug appliances — there’s now a new rule: No selfies in front of the storm surge. With two major weather systems rocking the U.K. in the past week, a representative from the British environment agency has warned “The power of Mother Nature is a fascination to us all. Taking storm selfies may seem exhilarating. But over the last few years we’ve had an increasing number of people putting themselves and family members at severe risk.” As the periodic dump of warm air and moisture known as El Niño hits this winter, more dangerous weather is likely on the way, including in Canada. So when it comes to taking risks and pulling tricks with a smartphone in hopes of social-media fame, stick to poking your friend in the eye with a selfie stick. THE INDEPENDENT

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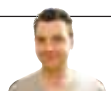


Brownstein's search for self

NEW BOOK

Rocker, writer, thinker looks at her life's journey so far

Ian Gormely
Metro | Canada



Performance is central to Carrie Brownstein's life, whether it's on stage as guitarist for rock trio Sleater-Kinney, or on the set of *Portlandia*, the sketch-comedy show she writes and stars in with fellow co-creator Fred Armisen.

But, as she reveals in her new memoir, *Hunger Makes Me a Modern Girl*, Brownstein assumed many roles throughout her life — fan, substitute teacher, academic — in her search for connection and identity.

"Much of what we project into the world is different permutations of ourselves," she says.

"I do think that the common thread is my writing. The reason that I write is to ask questions as much to answer them and also to form a connection with people."

She found the connection she was searching for in Olympia, Wash.'s close-knit music community, first as a member of riot grrrl band Excuse 17 and later with guitarist Corin Tucker and



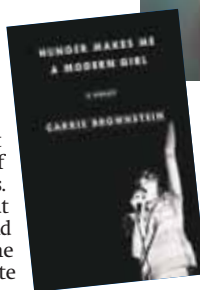
Carrie Brownstein's career has taken her from guitarist for Sleater-Kinney to co-creator of sketch-comedy show *Portlandia*. CONTRIBUTED

drummer Janet Weiss in Sleater-Kinney.

The book was inspired by a series of essays Brownstein wrote for NPR.

Using Steve Martin's memoir, *Born Standing Up*, as a template, it chronicles her search for a place in the world — the journey from being "disembodied" — through to Sleater-Kinney's initial split in 2006.

Brownstein purposely skirts rock bio clichés — there are no



Brownstein co-writes *Portlandia* with Fred Armisen. CONTRIBUTED

THE MANY GIGS OF SLEATER-KINNEY



The members of Sleater-Kinney have spread their musical wings over the years.

Wild Flag: Brownstein and Weiss formed this quartet with Rebecca Cole and former Helium singer-guitarist Mary Timony. Their self-titled album from 2011 remains their only release.

Quasi: Prior to joining

Sleater-Kinney, Weiss was one-half of keyboard-led indie rockers Quasi. The band remains a going concern, releasing their ninth album, *Mole City*, in 2013.

Heavens to Betsy: Tucker's pre-Sleater-Kinney duo were one of the primary groups associated with the riot grrrl movement, taking Excuse 17 out on tour with them in the early '90s.

tawdry tales of sex and drugs in *Hunger*'s pages.

Rather, she wanted to pen a literary love letter to her bandmates, who recently came together again and released the new album *No Cities to Love*, and to whom she dedicates the book.

Olympia's communal, anti-corporate punk spirit gave birth to the feminist riot grrrl movement, and nurtured Brownstein in her early 20s. But she and her bandmates had ambitions beyond the insular college town.

"Sleater-Kinney didn't want to preach to the converted, we

didn't want to limit ourselves," she says. "I didn't want to connect to a finite group of people."

That culminated in an opening slot for Pearl Jam in the early 2000s, putting Sleater-Kinney in front of thousands of people unaware of the band's history or politics.

"Putting yourself in new uncomfortable positions helps you clarify your point of view," she says.

"It helps you innovate and push forward. That's something I try to remember in everything I do."

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JONATHAN FRANZEN

Controversial novelist tunes out criticism of latest book

When Jonathan Franzen was writing his breakout 2001 book *The Corrections*, he famously claimed to deter distraction by working in the dark while wearing noise-cancelling earphones and a blindfold.

Nowadays, sunless, soundless isolation might seem Franzen's only avenue to avoid the criticism that greets his every novel, essay or interview.

His latest tome, *Purity*, was met with enthusiastic reviews from some corners (the *New York Times* was positive, the *Guardian* called it "piercingly brilliant") and withering derision from others. The *Star* review considered it an "engaging and brilliant" yet flawed book.

As usual, the debates centred on Franzen himself — whether he was sexist, hostile of technology, or, well, actually serious about adopting an Iraqi orphan.

And as usual, Franzen donned his figurative blindfold and blocked most of it out.

"I don't read the stuff, so I don't have a clear idea of what anyone's complaining about," Franzen said recently in Toronto. "There is this online discourse, particularly on social media, that I would rather have nothing to do with, because it's mostly dumb, and set up to reward people taking extreme, irresponsible positions and to punish people who are trying to do nuance and moderation."

"I can afford not to care because people do read the books," he continued later. "So people with a lot of time on their hands and no real interest in what is true think I'm a bad person — so what? It's not going to end my career."



ASKING THE RIGHT QUESTIONS
"I felt it's really my duty as a novelist to push hard against the very things I believe in."

As long as people read his books, Jonathan Franzen is content to ignore online discourse. CONTRIBUTED

Franzen is speaking through a cough, juggling two packages of lozenges and feeling jet lag-"stoned" after a cross-continental flight. To avoid circulating germs, he forgoes a handshake in favour of an elbow bump.

It's a more congenial interaction than he's had with most journalists lately.

In particular, he describes an "insane exchange" with NPR host Terry Gross, who read *Purity* — which follows a debt-trodden young woman searching for her father's identity — and questioned Franzen's depiction of an erratic feminist character who insists her partner pee sitting down.

"Being a lifelong feminist,

in the same way that I was hardest on liberal democrats in *Freedom* ... I felt it's really my duty as a novelist to push hard against the very things I believe in," he said. "What does it mean for a man to be a feminist? That's a question I found worth asking."

"I'm told that, yeah, people are sounding off about it. But that just means that I was asking the right questions."

The moment Franzen labels himself a "lifelong feminist," it's tempting to interpret a mischievous desire to provoke, a feeling that creeps up frequently.

"I don't let people take selfies at my events," he declares at one point. "Most people are

cool with that, but there exist people who just can't, who plead and beg and say it won't have happened if I don't take a picture."

Later, he argues that the Internet's discourse "reminds one of the eighth-grade cafeteria." As he speaks, a recent *Salon* headline comes to mind: "5 times Jonathan Franzen trolled us this year."

But Franzen insists that he's never sought to worm his way under anyone's skin. In fact, he laments how the opinions he offers "in a polemical space" are confused with his published work.

Yet Franzen, sore throat and all, will not be silenced.

"It's not like I enjoy hav-

ing people angry at me," Franzen said. "I would like everyone to say: 'Wonderful novel, John. Please write another.' It's not like I take pleasure in being mischaracterized and called a bad person."

"But I feel like a writer isn't doing her or his job if they're not standing up to existing power structures, including good liberal consensus," he continued.

"I'm attracted to points in the culture where dogma and reality have drifted far apart. And I care so much more about the isolated reader who feels the same way that I do than all the conformists who might be offended." TORSTAR NEWS SERVICE

MISUNDERSTOOD

Misconception 1: He's anti-technology
"I don't think of myself as uninformed. Of course, I spend a minimum of two or three hours a day on the Internet in some fashion. It's just I don't know what it's like to be on Twitter. I don't need to know."

Misconception 2: He's focused on the family
"I'm a little confounded by how much I'm considered a family novelist. I find myself telling the story of Norman Mailer's reading part of *The Corrections* and writing to my editor that it seemed like a 'super-duper, hyped-up sitcom,' which had been my fear when I was working on it, that it would not be taken seriously. I think Mailer was wrong, of course. In pretty much all my novels, there's a lot more about the workplace. There are no intact families in the new novel."

Misconception 3: His spring essay questioned climate change
"I was asking, does it really make sense for the entire environmental community to make climate change the overriding, almost exclusive priority for every organization? There was this blast of ad hominem rage. Nothing could have told me more clearly that I asked the right question — because they don't want to deal with the question on its merits." TORSTAR NEWS SERVICE

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McGarrigles keep family lore alive

NEW RELEASES

Sisters' book is more tribute than musical memoir

Sue Carter
For Metro Canada



While it may seem impossible at the time, personal tragedy can sometimes lead to great art. When Canadian folk musician Kate McGarrigle died of cancer in 2010, her family began hosting an annual concert in her honour.

The events weren't just a tribute to her music as half of the beloved sister duo Kate and Anna McGarrigle, but to the extended family, including her parents, her oldest sister, Jane, and to Kate's children, Martha and Rufus Wainwright.

Charmed by the family's stories during the concert, Random House Canada executive publisher Louise Dennys approached Anna with the idea of putting them down on paper. Anna suggested that she co-write the book with

Jane, who had already been developing a television series loosely based on life in Saint-Sauveur, the picturesque Quebec skiing village where the sisters grew up. The two had already co-written songs together, why not a book?

"When Anna asked me to join her, I was just overjoyed," says Jane. "Here was a real writing project, and a project dear to my heart. And I was going to do it with Anna who is always a blast to work with."

Mountain City Girls is a tender and often funny memoir told in brief first-person dispatches. Weaving together moments both significant and fleeting, the book includes favourite stories of their grandparents and ends in 1976, a year after Kate and Anna McGarrigle, the sisters' debut album was released.

"It wasn't to make a point of keeping the family lore alive," says Jane, "but it just seems to want to go on by itself."

From the beginning the sisters were clear they weren't interested in writing a music memoir. Anna's husband,



Sisters Anna and Jane say their collaborations are sometimes like an episode of I Love Lucy. THE CANADIAN PRESS

Dane Lanken, had already published a scrapbook-style book that followed the musicians, and Martha Wainwright is currently working on her own autobiography.

"I know that she's going to talk about from a certain era

on, what it was like to grow up in her family," says Anna.

"I didn't want to start telling stories about Kate. Martha might want to tell those stories. We wanted to go to another place, more in your face, to invite you in and come

meet our grandfather."

Most of the manuscript was written with the sisters sitting across from each other at a table.

"When Anna's writing, she's so deep in her subject, she's really not there," says Jane.

"I'd ask her a question about something, and I'd say, 'Hey Anna,' and there'd be no answer. She's not ignoring me, she's just not hearing me. It's like she's in this vapour."

The two joke that their collaboration at times recalled an I Love Lucy episode.

A chunk of writing would accidentally get deleted, or a printed chapter destined for the publisher would be left forgotten on a couch.

Although their editor suggested they start with a chronological timeline, Anna found linear storytelling a challenge.

"My husband calls me an anarchist because I can't do that. I can only write what I know — it's just the way I am."

Reliving family memories — in particular about their father, who died in 1965 — was an emotional experience that sometimes resulted in tears, but ultimately those shared stories brought the two sisters closer, says Jane, "knowing that often we're the only two people who remember."

Sue Carter is the editor at Quill & Quire magazine.

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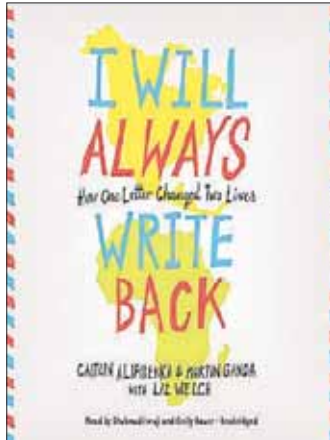
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BOOKS TO RESTORE YOUR FAITH IN HUMANITY

The world is mourning for Paris and Beirut. The lives of those lost in the terror attacks last week should be front of mind and honoured, not forgotten. But it's also important to remember the good in humanity. Keep following the news as it develops, but also, reach for one of these books to help remind yourself that people aren't all bad. **EMILY LAURENCE** METRO NEW YORK

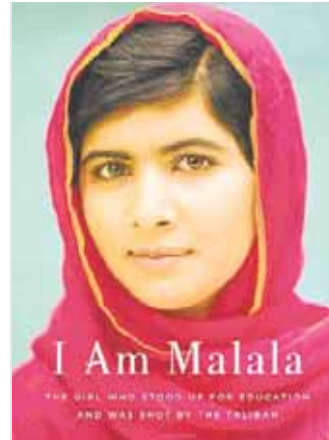
1 I Will Always Write Back by Caitlin Alifirenka and Martin Ganda

When American Caitlin Alifirenka was in the seventh grade, she started writing to a boy in Zimbabwe as part of a class project. The two kept corresponding long after the school year ended and developed a bond that would forever change the course of their lives. *I Will Always Write Back* shares those letters, along with details of just how different their situations were — Alifirenka growing up in the suburban town of Hatfield, Penn. and Martin Ganda in the slums of Mutare. This book serves as a reminder that a small act can have a huge, life-changing impact.



2 I Am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban by Malala Yousafzai

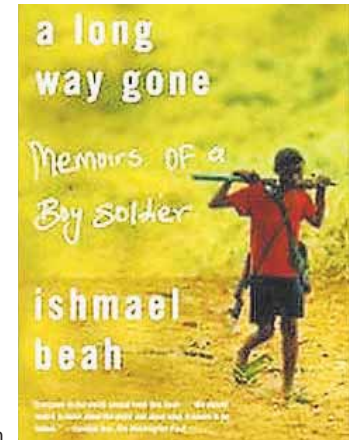
If you still haven't read Malala Yousafzai's incredible memoir about standing up to the Taliban in support of girls' education in Pakistan, you should now — especially before watching the documentary based on her story, *He Named Me Malala*, which comes to DVD this December. Seeing how one ordinary girl's bravery sparked global change will encourage you to live more boldly as well.



3 A Long Way Gone: Memoirs of a Boy Soldier by Ishmael Beah

This true story about a child soldier in Sierra Leone will break your heart, but it will also remind you that human beings are resilient creatures.

Ishmael Beah tells the story of when rebels attacked his village when he was just 12 years old, forcing him and his brother to flee the violence, not knowing where they were going and wandering from village to village locked in a struggle for survival. At 13 years old, Beah became a child soldier, conscripted by the Revolutionary United Front. In his memoir he shares his inspiring story with the world.



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Aramis Knight's M.K. has a dark secret

INTERVIEW

Actor talks teens, training, complicated characters

Ned Ehrbar
Metro | Hollywood



Aramis Knight is only 16 years old, but he's already something of a Hollywood veteran with plenty of titles like Ender's Game and The Dark Knight Rises behind him. But with AMC's new dystopian martial arts drama Into the Badlands, he had to pick up a whole new set of skills for the role of the mysterious young M.K.

How did you go about throwing yourself into this world?

There was a lot of preparation that went into this project. They put us through a seven-week martial arts training boot camp to put us into this

world and get us in touch with the athletic side of ourselves. I think that seven-week boot camp definitely helped a lot. I don't think I realized it by the end of it, but once we began filming and we were doing martial arts every day and we really were asked to dive into this world, I realized how much it actually helped.

Was that level of physical training daunting?

Yeah, definitely. I've been in this business for 11 years, so not too many things intimidate me anymore when it comes to working on new projects or auditioning. But with this project, I had no martial arts background at all. I've always been very athletic, though, and very in touch with the physical part of me and I've always been very good at transforming my body for a role, but never to this extent. It definitely was intimidating, definitely daunting, but by the end of the seven weeks I was feeling pretty good and doing

things I never thought I'd be able to do.

Like what?

They had me doing back-flips, kicking over my head. I was touching my forehead to my knee when I was stretching. Things like that.

Since your character goes on something of a training journey, did that make it easier?

Like you could be kind of bad early on?

It definitely lessened the pressure, yeah. But I knew I would be working so much that I would have to unleash everything I learned eventually. And also because of M.K.'s dark secret, you have to be able to see a change in his abilities. So I had to sort of figure out how to suppress my abilities but then also let them shine when

I do go into that state that is so special.

How do you describe the journey M.K. goes on?

I definitely think it's a reflection of teenagers today. He very much is a teenager, and M.K. is very different from everybody else on the show because everybody is sort of brainwashed into thinking that killing is a norm and

fighting to survive is a norm and the possibility your loved ones dying is something that everybody has to deal with. M.K. is not really used to that since he very much is ignorant to the world of the Badlands and he isn't used to killing and possibly being killed or being hunted. So you definitely see him shake things up. He metaphorically slaps everybody in the face and wakes them up.



Aramis Knight plays a mysterious teen on AMC's dystopian drama Into the Badlands. HANDOUT

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JOHANNA SCHNELLER **WHAT I'M WATCHING**

When The Good Wife goes bad

THE GOOD WIFE, SEASON 7, EPISODE 7 (NBC/GLOBAL)

Attorney Alicia Florrick (Julianne Margulies), who's just triumphed at work, and her husband Peter (Chris Noth), who's running for U.S. president, are sharing a drink in her kitchen. (They're estranged, but pretending to be together for his campaign.)

"Nothing beats a good cross-examination," she says, toasting herself. "I just got a million-dollar donation," he counters. They smile at each other like jackals. "Want to get laid?" she asks. "I have 20 minutes."

They repair to her spare room and unceremoniously strip. Cut to them getting dressed.

"That was sexy. Why is that?" Peter asks.

"Because sex is sexier without love," Alicia replies.

Hmm. Nothing announces The New Alicia quite like a zipless screw. A few seasons ago, it was her abiding love for the now-deceased Will Gardner (Josh



Alicia evolves before our eyes on *The Good Wife*. HANDOUT

Charles) that made their sex so hot. But that was then. All this season, we've been watching Alicia toughen.

She traded red wine for tequila, and ditched her white-glove firm for a scrappy, public-defender partner (Cush Jumbo). Out went her crush on namby-pamby lawyer Finn Polmar (Matthew Goode); in came her wolfish stares at her new, dangerous-hunk investigator (Jeffrey

Dean Morgan).

Alicia's character evolution makes sense plot-wise: Faking it for Peter's campaign is nervy enough. But if he wins, she's going to be a faux-First Lady—and that would take balls of steel.

The *Good Wife* has never feared changing things up; that's why it's enjoyed such a long, strong run. But turning Alicia into Lady Macbeth is a truly interesting twist.

✚ SPOILER ALERT

The Big Bang Theory that many have waited for

The final *Big Bang Theory* episode to air before holidays will mark a turning page for some of their characters.

Unable to keep a lid on the new plot twist after show was taped in front of a live studio audience Tuesday night, CBS confirmed that after five seasons, Sheldon (played by Jim Parsons) and Amy (Mayim Bialik) finally consummated their relationship. "SAY WHAT?! #BigBangTheory EP Steve Molaro confirms coitus is in #Shamy's near future," reads a tweet blast from the show's official Twitter account.

AFP



KRISTEN RITTER

Finding intimacy in playing a superhero

Krysten Ritter was never drawn to comics, but the opportunity to take on a character-driven role in the new Netflix series *Marvel's Jessica Jones* convinced her to find her inner superhero.

"Being able to have this role, it's like actor-candy," says the former "Don't Trust the B— in Apartment 23" star, who plays the titular character, an emotionally tortured, super-strong young woman working as a private detective in New York.

Premiering Friday, the new *Marvel* series also stars Doctor Who's David Tennant as villainous Kilgrave, while

Mike Colter is fellow superhero Luke Cage, another character set to get his own Netflix series next year. Jones and Cage will join the characters from the already-streaming *Marvel's Daredevil* and upcoming *Marvel's Iron Fist* for the eventual combo, *Marvel's The Defenders*.

In advance of *Jessica Jones*'s premiere, Ritter says she found surprisingly meaty role in the series, even though she knew little about this character or the *Marvel* universe beforehand.

"I am always drawn to smaller stories and intimate character dramas. Little did I know that when I started this whole process of auditioning and learning about this project that that's exactly what this is. This is a very rooted, grounded character study. And the fact that she's a superhero is kind of always second in my mind."

THE CANADIAN PRESS



VIRGIN VACAY

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PEOPLE MAGAZINE

Becks is sexiest of them all

If you were doubting the exact sexiness level of David Beckham, doubt no more, for it has officially been quantified.

Beckham has been dubbed the Sexiest Man Alive for 2015 by People magazine.

The news was announced on Jimmy Kimmel Live, with Beckham appearing via Skype to accept the honour.

"I would obviously like to thank my parents for bringing me into this world, of course. I would like to thank my hairdresser, my stylist," he joked.

He was a bit more serious with the magazine itself: "I never feel that I'm an attractive, sexy person," Beckham tells People.

"I mean, I like to wear nice clothes and nice suits and look and feel good, but I don't ever think of myself that way." Which kind of sounds like super-modest B.S., but whatever.

NED EHRBAR/
METRO
HOLLYWOOD



David Beckham



metroGOSSIP
MUST
READ



Gwen Stefani says having her heart broken has allowed her to write some really incredible music. ALL PHOTOS GETTY IMAGES

Stefani wishes split never happened

RELATIONSHIPS

Singer keeps opening up over divorce from Gavin Rossdale

Ned Ehrbar
Metro | Hollywood



Apparently Gwen Stefani talking to a radio station

about her divorce is a weekly thing now, and this week she's getting much more candid. And get this: Stefani found inspiration to split up with husband Gavin Rossdale by ... listening to her old No Doubt breakup songs.

"I go back and listen to a lot of that stuff and get sick," she tells Washington, D.C.'s 94.7 Fresh FM.

"You look at the song and go, 'that was a red flag and that was a moment where I

was feeling just as bad as I do today and why did I keep it up?'"

As for the divorce itself? She's looking on the bright side.

"I wish it didn't happen. I wish that all this wasn't happening, but it was part of my life journey," she says.

"In my life I've had two really bad heartbreaks, but I've written some really incredible music out of it." See? She really is a big fan of her work.

CHARLIE SHEEN

Martin Sheen in awe of son's courage

The West Wing actor Martin Sheen says he wishes he had the courage of his son Charlie Sheen, who has revealed he's HIV-positive.

Sheen spoke Tuesday during an event at The Ritz-Carlton resort in Naples, Florida, hours after his son's appearance on NBC's Today.

According to the Naples Daily News, Sheen said his 50-year-old son had been working up to the announcement for months with his family's encouragement.

Sheen said that as he watched his son reveal "his deepest, darkest secret, I couldn't believe the level of courage I was witnessing, and that it was my son."

Sheen encouraged support for people struggling with drug and



Martin Sheen

alcohol addictions.

He said he hoped the announcement was "the first day of the rest of Charlie's life as a free man." THE ASSOCIATED PRESS

GOSSIP BRIEFS

Adele doesn't sing about heartbreak, for once

Adele is the queen of heartbreak. When she released Hello a few weeks ago, it teased that her new album would continue her lonely-hearts song trend. But this week she dropped her new single, Water Under The Bridge, and it's about her being happy in love. Adele tells Beats 1 Radio that the song is about her waiting for boyfriend Simon Konicki to treat her badly. But it just didn't happen. "Water Under The Bridge is more like, I'm waiting for him to be horrible but I don't think he's gonna be, waiting for the relationship to end. This is the relationship now that I'm gonna be in. It was quite a ground-breaking moment," she says.

EMILY LAURENCE/METRO NEW YORK

Bieber gets assassinated in Zoolander 2

Canadian pop superstar Jus-



Adele

tin Bieber appears to meet a grim fate in the upcoming Zoolander 2 film. The comedy spoof features an assassin who's out to kill "the world's most beautiful people," and Bieber appears to be one of them. A newly released trailer for the film starring Ben Stiller and Owen Wilson shows Bieber being chased down by an assassin who's on a motorbike. In the next shot, Bieber is apparently injured on the ground, and uses his phone to take a selfie while flashing blue steel. Zoolander 2 is due out in February. THE CANADIAN PRESS

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Packing up your life and starting over doesn't have to be a daunting task. Websites and apps like Krrb and Fountain connect you with those who can help. ISTOCK

Home setup just a click away

TECHNOLOGY

These online resources take hassle out of moving, decor

In a connected world, nesting's a lot easier than it used to be. There are apps and websites that streamline many aspects of setting up and dismantling a home.

Whether you're trying to get rid of old stuff, buy new stuff, move stuff or find ways to use your stuff, chances are there's an app (or at least a website) for that.

Note: Some of the services are currently available only in the U.S.

Move it

There was a time when moving out of an old place and into a new one was a daunting logistical challenge, especially for the unorganized or inexperienced.

How do you find a reliable moving company? What do you need to know to prepare and execute a successful move?

Unpakt.com lets you compare more than 600 pre-screened, licensed, local or interstate moving firms, read credentials and

reviews, and book online. Plug in the size of your home, the date you want to move, locations, and any additional needs like storage or extra drop-off stops. You can live-chat with an adviser. There's info and an app for setting up your moving timeline and making an inventory. (unpakt.com)

Move Advisor also helps with an inventory, and calculates how many boxes and furniture blankets you're likely to need, as well as estimating the requisite moving capacity of any truck you're thinking of renting for a DIY move. If you decide to go with pros, you can email your inventory directly to them. An online timeline tracks your to-do list. (moveadvisor.com)

Lose it

For those who want to sell off belongings with minimum inconvenience, Krrb (pronounced "curb") is a classifieds site designed for local and in-person commerce. The company's mission is to highlight "what's right next door, not a billion anonymous results," in order to save time, money and the need for packing, shipping and returns. Users can buy and sell second-hand items, local goods and more. You can join Krrb and set

up your "corner shop" for free, but publishing a listing costs one "credit," which you can buy or earn by doing things like filling out a profile or reviewing the Krrb iPhone app. (krrb.com)

New York-based AptDeco.com was founded by Kalam Dennis and Reham Fagiri as an alternative to Craigslist after they learned that 10.8 million tons of furniture go to landfills each year. They hoped to make it easier to unload unwanted furnishings or find something new. Want to sell that old dresser you got from your uncle? AptDeco provides pricing advice, promotion, picks up the item, and handles the financial transaction. (aptdeco.com)

Decorate it

You could ask your style-savvy best friend for decorating advice, but wouldn't it be nice if a pro was available? Well, for a relatively small fee you can tap into an online brain trust of hundreds of design professionals.

West Elm offers free help with things like designing and measuring a floor plan, decorating, and choosing paint and fabrics. For a fee, they've got pros who can come help with everything from wall-mounting a TV to painting a room to



Home decor items curated by a stylist for U.S. clientele who join The Swatch Box. The batik pillow, below, is a popular item on the home styling site. THE SWATCH BOX VIA THE ASSOCIATED PRESS

hanging shelves, art and curtains. (westelm.com)

Laurel & Wolf, a Los Angeles online interior design marketplace, connects people with interior designers. Upload some photos and answer questions about your space, budget, lifestyle and taste, and you'll receive "First Looks" from several interior designers. You re-

view the ideas and select one designer with whom to work. They send you back a style board, furniture plan, instructions and shopping list.

Kimberly Valente, one of Laurel & Wolf's design partners, recently helped a Santa Monica couple who were moving in together and didn't like each other's stuff. They agreed they wanted a beachy, casual vibe. Valente suggested some kitchen backsplash and counter upgrades as well as new lighting, and a soothing palette of ocean blue and sand. (laureland-wolf.com)

The Fountain app connects you to interior decorators, handymen, gardening experts and tech folks. You can talk over your project by video-chat, and the experts can sketch out ideas on your posted images. (fountain.com)

If you're a member at The Swatch Box, you complete a style-preference survey and get matched with a stylist, who curates a quarterly collection of items for your space and sends them to you — throws, pillows, bedding and entertaining items, for instance. You keep what you want and send back the rest. (theswatchbox.com)

THE ASSOCIATED PRESS



Flicking and chillin'

There's only a few Friday nights left to hibernate at home before the holiday parties begin, so turn off the Tinder and treat yourself to a movie night at home. Here's a few creature comforts to get you started. **KARL LOHNES** FOR METRO CANADA

1 Plum & Bow Cable Knit Boo Pillow

Wrap a set of loving arms around yourself while enjoying a movie night at home. \$169, UrbanOutfitters.com

2 Checked Crochet Blanket

Settle in for the winter with a favourite cosy throw. \$169, ZaraHome.com

3 The new Apple TV

Tired of all that clicking? Watch your favourite movies with the ease of voice activation. From \$199, apple.ca

4 Stainless Steel Faceted Copper Mug

The ultimate sippy cup for dozing off during a movie. Add the big trend of copper and your movie night never looked so stylish. \$20, Starbucks.ca

5 Jumbo Flip Chair

It's a chair, an extra bed or a comfy way to watch television on the floor. \$144, Sears.ca

6 Kettle-style Popcorn Popper

Make up to 25 cups of popcorn for a full night of movie watching. \$120, HamiltonBeach.ca



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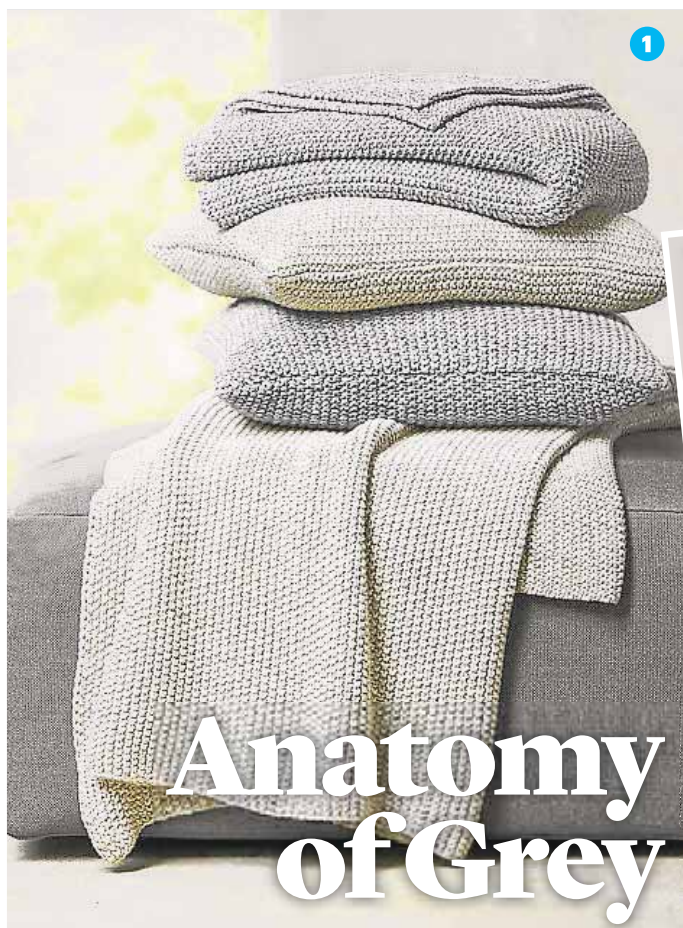
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READY-TO-GO!



We've seen the colour grey take over the fashion and decor world and it has no signs of stopping in 2016. Look for softer versions in popular home accessories for the coming year.

Karl Lohnes
For Metro Canada



1

1 Fisherman Knit Cushions and Throws

Tone on tone is the way to use the year's favourite neutral. From \$30, Simons.ca

2

2 Barbara Barry Modern Drape Rod Window Panel, Silver

Pre-made and stylish curtains with crisp, clean lines help to soften windows. From \$80, BedBathAndBeyond.ca

3

4

3 Sheridan Grey Kitchen Island

Movable and expandable — there's no excuse not to have a kitchen party this Christmas. \$1,000, CrateAndBarrel.ca

4 Grey Owl OC-52

The perfect neutral colour for those old coloured walls. BenjaminMoore.ca

5

5 Verismo Silver 600 Brewer

Create your favourite Starbucks beverages with just the touch of a button — and from your own kitchen. \$149, Starbucks.ca

6 Portrait Rubix Ottoman

James Cullen's furniture creation is patterned with the faces of the everyday man. Proceeds raised go to the Michaille Jean Foundation. \$179, EQ3.com

TIPS

Moving into a new home? Get some Apartment Therapy

You could be forgiven for thinking that Apartment Therapy isn't exactly beginner-friendly. For as warm and inviting as the popular site is, it pretty much invented the genre of house porn. Each featured space is more gorgeous than the next, right down to the perfectly curated clutter and suspiciously well-groomed dogs. That said,

founder and "apartment therapist" Maxwell Ryan firmly believes that you don't need a master's degree in interior design to create a beautiful, inspiring space of your own. His latest book, *Apartment Therapy: Complete + Happy Home*, starts at the very, very beginning — before you've signed a lease or written a

down payment check, when hanging that gallery wall is the absolute least of your concerns.

Want to go home to one of the swoon-worthy abodes featured in the book's second section? Start by taking Ryan's first-stage tips.

1. Shop discerningly

Before you sign anything, pay close attention to the big picture, not simply the space itself. A big red flag for renters? When the apartment looks nice, but the building's common areas are in disrepair. "This can mean that only the cosmetics of the space are being kept up, but the maintenance of what you can't see might be lacking and potentially cause problems," says Ryan. If you're buying, take a good, long look at both the block and the area. "Think about the health of the surrounding neighborhood, not just the piece of property you are considering," he cautions. "How do the homes around the home you might

+ TIME WARP

Ryan's advice for furniture shoppers: "The style of a space and the style of your furniture and decor can be opposites," he says. "In fact, sometimes the push and pull between eras is exactly what makes an interior interesting and memorable. Modern furnishings in a room with vintage architectural details is fabulous, just as antique pieces can be in a streamlined, crisp, contemporary home."

THE FIRST 24 HOURS

Take it easy the night of the move — but the one thing you should attend to ASAP? The smoke alarm. Check the batteries before you even put sheets on the bed.

buy look? Are there more than one or two for sale? Are the businesses close by ones that you would consider using? Do they seem like they are thriving?"

2. Move smart

Moving should be exciting, not panic-attack-inducing. To cut down on the stress, plan ahead, and plan for the worst. "Take an extra day or two off from work right around moving day," suggests Ryan. "Last-minute packing will be less



First night in a new place: Forget breaking out the cookware — splurge a little and order in to celebrate, says Apartment Therapy site founder Maxwell Ryan. ISTOCK

stressful, and running errands for the things that you end up needing for the new place — that always crop up, no matter what — will be much more enjoyable when you aren't rushed or exhausted after a day at work."

3. Decorate slowly

Although moving is a great opportunity to explore your per-

sonal style and create a beautiful living space, don't rush anything. "You want to take your time and shop thoughtfully," says Ryan. "It's always best to live in a place for a bit before making any major design decisions or purchases so you aren't tempted to start scooping up things impulsively that might not make you happy long-term." METRO U.S.

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Rested Eskimos 'ready physically and mentally'

CFL PLAYOFFS

Matchup with archrival comes after 21-day break

The Edmonton Eskimos are confident that a three-week layoff will work in their favour as they prepare to host the Calgary Stampeders in Sunday's CFL West final.

Teams finishing first in the West and being off the semi-final week have just a 5-5 record over the past 10 division finals.

But the Eskimos, who finished first in the CFL West at 14-4, had a bye the final week of the regular season as well so they won't have played for 21 days, the second-longest layoff in the division's history.

The positive there is that teams with layoffs of 16 days or more since 1959 are 7-1 in the West final.

"That's pretty good," Edmonton centre Julian Sorensen said. "Let's keep the trend going."

Doing that, however, won't be easy against the defending Grey Cup champions, who rolled past the B.C. Lions in last week's semifinal.

Both teams are evenly matched and have very similar statistics offensively and defensively. Eskimos head coach Chris Jones smiled when he



Mike Reilly, right, and the Eskimos ran away with a 15-11 win over the Stampeders on Oct. 10 to claim the season series 2-1. JEFF MCINTOSH/THE CANADIAN PRESS

said it would be "a fun game Sunday."

"We have a good run game and so do they. We have good quarterbacks, so do they. They have a good receiving corps and

so do we."

Everything, he said, points towards a tight, hard-hitting final.

"You have two great defences ... so points could be scarce."

The difference in the season was Edmonton beat Calgary, also 14-4, two of three games to claim first place.

"It was huge winning back-to-back against them," said Sor-

ensen. "And let's face it, if we didn't we would have played last week so it was huge for the organization and as a team. Plus it gives you confidence, winning two in a row against Calgary."

And the Eskimos believe the layoff will be more beneficial then detrimental, giving them time to rest, heal any nagging minor injuries and get their minds refocused.

Quarterback Mike Reilly said it was an ideal scenario for the Eskimos because they have a lot of veterans and Jones runs intense practices.



You have two great defences ... so points could be scarce.

Chris Jones

"It was a good break for us — something that we needed," said Reilly.

Defensive end O'Dell Willis is one of those veterans and he agreed the long break — including 10 days away from the practice field — was a huge benefit.

He said playing 17 straight weeks was tough mentally and physically but after the break "my body is well rested ... we're ready physically and mentally."

THE CANADIAN PRESS

STAMPEDERS

Tsompas out of retirement to help O-line

Offensive lineman Dimitri Tsompas has come out of retirement to provide an extra body at Calgary Stampeders practice.

The three-time CFL all-star retired in 2013 after six seasons with Calgary



Dimitri Tsompas
GETTY IMAGES FILE

because of concussion symptoms.

"Dimitri approached me and offered to help the team by going on the practice roster and taking

some of the burden off our healthy offensive linemen at practice," Stampeders head coach and general manager John Hufnagel said Wednesday in a statement.

The Stampeders lost centre Pierre Lavertu and left guard Shane Bergman to injury in the first half of Sunday's win over the B.C. Lions in the division semifinal.

Tsompas, from Edmonton, coached the University of Calgary's offensive line in 2015.

The Stampeders also added 28-year-old offensive lineman Gord Hinse to the practice roster. The University of Alberta product from Edmonton has played 52 career CFL games with the Eskimos and Winnipeg Blue Bombers.

THE CANADIAN PRESS

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Home sweet home for Jets

NHL

6-game skid ends in 1st of 3 straight games at MTS Centre

Mark Scheifele and Drew Stafford both scored twice as the Winnipeg Jets halted a six-game losing skid with a 4-1 win over the Vancouver Canucks on Wednesday. Stafford's first goal in 12 games helped break a 1-1 tie late in the second period.

He scored again with 1:34 left in the game and also picked up an assist. Scheifele also had a three-point night when he assisted on Stafford's last goal, while Mathieu Perrault had three assists. Ondrej Pavelec made 29 saves for Winnipeg (9-9-2).

Ryan Miller stopped 30 of

WEDNESDAY InWinnipeg

4 JETS
1 CANUCKS

the 33 shots he faced for the Canucks (7-7-6), who lost their fourth game in a row in the final game of the team's season-long, seven-game road trip.

Daniel Sedin scored on the power play for Vancouver.

The victory was Winnipeg's first of a three-game home-stand. Scheifele got his sixth goal of the season at 5:55 of the first period. The power-play goal came just over a minute after Jets rookie winger Nikolaj Ehlers headed to the dressing room after an illegal hit to the head by Luca Sbisa.

Sedin tied the game 1-1 at 6:44 of the second after Alex-

+ IN DETROIT

Evgeny Kuznetsov scored 45 seconds into overtime to lift the Washington Capitals to a 2-1 victory over the Detroit Red Wings on Wednesday.

Justin Williams scored for the Caps on a first-period power play after Dylan Larkin had opened the scoring for Detroit. THE ASSOCIATED PRESS

andre Burrows lost the puck and Sedin picked it up in front of the Jets' net and put it past Pavelec. It was Sedin's seventh goal of the season and 899th career point. Stafford got the go-ahead goal at 17:29, Scheifele scored his second of the game at 17:15 with a rebound and Stafford finished it off with 1:34 left in the third.

THE CANADIAN PRESS



OILERS IN TOUGH AGAINST BLACKHAWKS The Blackhawks' Jonathan Toews, right, and Oscar Klefbom of the Oilers battle for the puck at Rexall Place on Wednesday night. Go to metronews.ca for the story and more NHL coverage. JASON FRANSON/THE CANADIAN PRESS

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MLB

Cy Young awards go to Keuchel and Arrieta

Houston Astros lefty Dallas Keuchel beat out Toronto Blue Jays ace David Price for the AL Cy Young Award on Wednesday, while Jake Arrieta of the Chicago Cubs topped Dodgers stars Zack Greinke and Clayton Kershaw for the NL honour.

Keuchel got 22 first-place votes from the Baseball Writers' Association of America for 186 points. David Price drew eight first-place votes and 143 points for his split season with Detroit and Toronto and Oakland's Sonny Gray finished third.

Keuchel led the AL in wins,



Jake Arrieta GETTY IMAGES

going 20-8 and helping Houston reach the playoffs for the first time since 2005. Arrieta got 17 first-place votes for 169 points. Greinke drew 10 first-place votes and had 147 points.

THE ASSOCIATED PRESS

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from your daily crossword and Sudoku

6	2	5	9	3	8	1	4	7
1	3	7	4	5	6	2	9	8
8	4	9	2	1	7	6	3	5
7	8	3	1	6	9	4	5	2
9	5	6	8	4	2	7	1	3
4	1	2	3	7	5	8	6	9
5	6	1	7	8	3	9	2	4
2	7	4	5	9	1	3	8	6
3	9	8	6	2	4	5	7	1

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RECIPE One-Pot Chicken Cacciatore



PHOTO: MAMA VISIONE

Ceri Marsh & Laura Keogh
For Metro Canada

This updated hunter's stew smells and tastes like it's been bubbling away on the stove for hours but only takes half an hour.

Ready in
Prep time: 30 minutes
Serves 4

Ingredients

- 1 Tbsp olive oil
- 4 boneless, skinless chicken thighs
- Salt and pepper
- 1 lb mushrooms, cleaned, trimmed and sliced
- 3 cloves of garlic, minced
- 1 Tbsp rosemary, minced
- 1 x 19 oz canned whole tomatoes
- 1 x 15 oz canned cannellini beans, rinsed and drained
- Salt and pepper to taste

Directions

1. Pour oil into a large Dutch oven or pot over medium heat. Slice the chicken thighs into about four pieces each and season them with a good pinch of salt and pepper. Working in batches, brown the meat. Don't worry about cooking it through. When the meat is brown, set it aside on a clean plate, drain off all but 2 Tbsp of fat.
2. Reduce heat slightly and toss in mushrooms. Once they've cooked down, about three minutes, add the garlic and rosemary and sauté for another minute.
3. Now add your tomatoes and beans. Use the back of a wooden spoon to break up the tomatoes. Add the cooked chicken pieces and allow everything to simmer for about 15 or 20 minutes. Taste to check seasoning and add salt and pepper to taste.

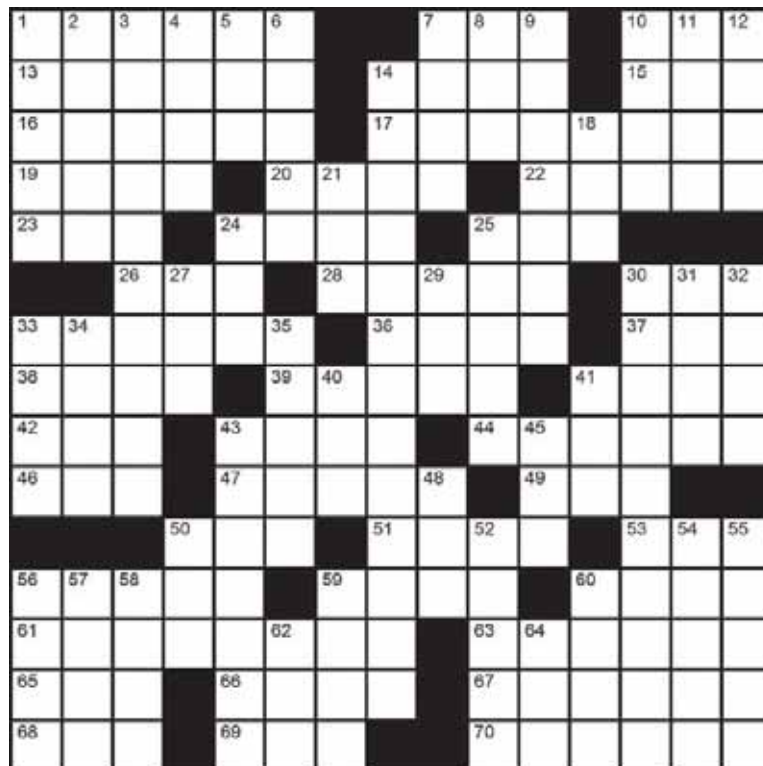
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. As per #43-Down... Reward for those amongst us who got neither #3-Down, Gold, Silver nor Bronze: 2 wds.
7. Brit-style mother
10. Utah's capital [acronym]
13. Wife of Alexander the Great
14. Throw ___ loop
15. Optima car maker
16. Chicago or L.A., e.g.: 2 wds.
17. Standing ___ (One of the tests in #43-Down)
19. 'Game' suffix
20. Garden of ___
22. "___ Touch This" by MC Hammer
23. Mr. Mineo
24. ___ (British glam band)
25. Chart-topper
26. Ms. Thompson
28. Bee Gees' "Night ___"
30. "Murder, ___ Wrote"
33. Boll ___ (Type of beetle)
36. ___ of reality
37. Perfect rating
38. Ms. Hathaway
39. Singer, Faith ___
41. Desert's weather
42. 700 to Caesar
43. Impartial
44. Cowboy flicks
46. "Aaaii-!!!" (Cartoon shriek)
47. "___, I saw, I conquered." = "Veni, vidi, vici." (Julius



- Caesar's boast)
49. Bitty
50. Utmost, numbers-wise
51. Pull along
53. Trail
56. French ___ soup
59. Ancient region of Europe
60. Identical
61. Joined up:

- 2 wds.
63. Three-horsed Russian carriage
65. Luanda is its cap.
66. Smelting waste
67. Apple variety
68. "Awesome!"
69. Rest in a recliner
70. Parthenon's

place

DOWN

1. Architectural framework
2. Landscape garden plant
3. Top badge in the program at #43-Down, Award of ___
4. Match
5. Chg. card percentage
6. Negative response giver, say
7. Satellite
8. Large vase
9. "Jerry ___" (1996)
10. Gull-like bird
11. Outline
12. Hook or Cook's li'l title

14. Another of the tests in #43-Down: 3 wds.
18. Railway crossing [abbr.]
21. ___ Leppard
24. Cocktail, Mai ___
25. "___ Fine" by The Chiffons
27. Lady at #20-Across
29. Maria Trapp connector
30. Savvy, like an urbanite
31. ___ to the throne
32. Remnants
33. Walk in shallow water
34. 'Refer' suffix
35. "Lifestyles of the Rich and Famous" host Robin
40. By
41. 'Deterior' suffix
43. Canada ___ Award (Program for students of the 1970s and 1980s testing speed, strength, endurance and agility)
45. Cobbler's tool
48. Perrier, par example
50. Oui's opposite
52. Prefix to 'violet'
54. Singer, Clay ___
55. Irskome insects
56. "___!" (American anthem opener)
57. Songstress Ms. Simone
58. Mr. Pop of punk
59. Rocky Mountains animal
60. "Nonsense!"
62. Gladiator's 551
64. Boring routine

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You may sympathize with a friend's problems but it is not your job to fix them. Sometimes it's better to let others find their own way — this is one of those times. Only step in if things really start to get bad.

Taurus April 21 - May 21
It would be nice if you liked everyone and never got angry but you are not that kind of person, so if someone gets under your skin make a point of avoiding them.

Gemini May 22 - June 21
It may seem as if you do not deserve the good things coming your way but it isn't true. That's why certain people are upset: deep down they know you are better than they are.

Cancer June 22 - July 23
You are not a trivial person so don't do or say trivial things. It may be tempting but why lower yourself? You don't need to come down to someone else's level to make a point: their own negative attitude is punishment enough.

Leo July 24 - Aug. 23
Let others know what you're worth. Your talents do not come cheap. Some may say your price is too high but they still require your services.

Virgo Aug. 24 - Sept. 23
The more you push yourself the less you are likely to achieve, so give yourself some breathing space. There are times it is hard to make an impression and this is one of them.

Libra Sept. 24 - Oct. 23
Do something on the spur of the moment today — it will be fun. Everyone may not approve but you enjoy being different.

Scorpio Oct. 24 - Nov. 22
Try not to get too emotional about something that you would usually dismiss. Also, don't be afraid to cut your losses if they are getting too big: the longer you hang on the bigger they are likely to get.

Sagittarius Nov. 23 - Dec. 21
Let off some steam and don't worry if others object. They have only themselves to blame for leading you on and believing they could get away with it. You are not the type to let bad deeds go unpunished.

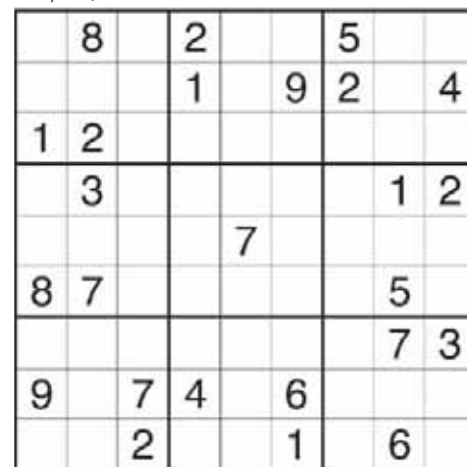
Capricorn Dec. 22 - Jan. 20
Try not to take anything too seriously today. You are dealing with forces that are too big to control or change. Accept your current situation for what it is and go with the flow.

Aquarius Jan. 21 - Feb. 19
If you let your feelings get the better of you today it will cause more than a few problems further down the line. Aim to put logic ahead of emotion.

Pisces Feb. 20 - March 20
The grass may look greener on the other side of the fence but you are advised not to make changes just yet. Wait until the Sun changes signs on the 22nd before making your move — you may find that you don't have to after all.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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